

# Friendship House Recurring Activities

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
10:00 a.m. – 11:00 a.m. Bible Study	10:00 a.m. – 11:00 a.m. Current Events	10:00 a.m. – 11:00 a.m. Senior Moves	10:00 a.m. – 11:00 a.m. Choir Rehearsal	10:00 a.m. – 11:00 a.m. Bingo
11:00 a.m. – 12:00 noon Lunch	11:00 a.m. – 12:00 noon Lunch	11:00 a.m. – 12:00 noon Lunch	11:00 a.m. – 12:00 noon Lunch	11:00 a.m. – 12:00 noon Lunch
12:00 noon – 1:00 p.m. Ancestry Class		12:00 noon – 1:00 p.m. Arts & Crafts	12:00 noon – 1:00 p.m. Arts & Crafts	
			12:00 noon – 1:00 p.m. Computer Class	

## MONTHLY ACTIVITIES AT 12:00 NOON

1 <sup>st</sup> Tuesday	In-Touch Health Care
1 <sup>st</sup> Friday	First Atlantic Health Care Blood Pressure & Glucose Testing
2 <sup>nd</sup> Tuesday	Tex Med Health Care
2 <sup>nd</sup> Wednesday	Laura Campos "Nutrition"
3 <sup>rd</sup> Tuesday	Standards Home Health
3 <sup>rd</sup> Wednesday	Texas Home Health
4 <sup>th</sup> Tuesday	First Atlantic Health Care